

Follow Us On Facebook!

Look for us at Quad City Singles 40 Plus. Join us and get up to the minute updates and news!

Monthly Board Meeting

Monday, August 1 at 6:00pm

Bettendorf Library
2950 Learning Campus Drive, Bettendorf Iowa
52722

Come join us to share your ideas and comments.
Watch how decisions regarding the club are made!

August Canoe Trip

Sunday, August 14 at 7:15 am

Meet on the east side of Sears in Northpark Parking,
102 E. Kimberly, Davenport, Ia
Pirates of the Maquoketa!

Well, shiver me timbers! It's time for the pirates of the Maquoketa to set sail once again. Join your fellow 40+ pirates as we plunder the treasures on the banks of the beautiful Maquoketa River. Crews will meet up at 7:15AM at Northpark Mall near Sears. Look for vehicles with canoes/kayaks on top. We will stop at the golden arches in Maquoketa to fill our bellies before setting sail.

Be sure to wear your pirate clothes for the day, and bring your water canons to ward off rival pirates. Bring dry clothes for the final docking & travel home. We will arrive back at Northpark @ 6:00PM.

No experience is necessary. We will pair you up with an experienced pirate. Be sure to bring your own lunch, snacks, & drinks. When not firing his "canon balls," Cap'n Frank will build a fire to roast your hot dogs. Bring your own hot dogs if desired.

Please invite your friends, members & nonmembers, to share the experience. Canoe rental is \$40.00 per canoe - \$20.00 per pirate, kayak rental is \$34.00 and river tube rental is \$13.00 . Canoes need to be reserved 5 days in advance. First come, first served. For questions, info, sign up, contact Frank R. (563 340-7932) or Jan S. (309 373-5183).

Afternoon at the Movies

Sunday, August 21 at 2:00pm

Great Escapes, Moline, IL

Join us for an afternoon at the movies! Meet in the lobby at 2:00 to pick a movie. Possibly go out to dinner after the movie.

Chair: Gwen 309-786-6640

Saturday Breakfast

— Saturday, August 27 at 8:30am

Maid Rite, 2888 Devils Glen in Bettendorf

We will be meeting at the Maid Rite located at 2888 Devils Glen in Bettendorf about 8:30, ordering at 9:00. Come join us for coffee and conversation and

a hearty start to your weekend!

Chair: Dorie F.

August Picnic

Sunday, August 28

Details to follow in weekly updates. Or check the calendar for additional details as they become available!

Golf at Rustic Ridge

Sunday, August 28 at 2:30pm

Rustic Ridge Golf Course, 1151 E. Iowa St., Eldridge, Iowa

Time for tee off is 3:00, so show up between 2:30 and 2:45.

Dig out that golf bag and dust off your clubs. It's golf season again, so join us each month at Rustic Ridge in Eldridge, Iowa. Nine holes walk/\$10; Cart/\$15.

Chair: Ruth Smit 563-210-6860

QC Singles 40+ Dance Lessons

Tuesdays at 7:45pm
Fred Astaire of the Quad Cities Dance Studio
8 1/2 - 15th Avenue
East Moline, IL 61244

- **QUAD CITIES SINGLES 40+**

FRED ASTAIRE OF THE QUAD CITIES

-

- **JULY/AUGUST: FOXTROT**

- The Bronze Foxtrot is a progressive and turning dance, moving along the line of dance. The steps used in the Bronze Syllabus are taken with body flight and are

designed for the larger ballroom floor, however, these same steps are also suited to the average night club floor when danced more compactly. Sway and slight rise and fall highlight the smooth style of the American Bronze Foxtrot.

- **This class is a must for anyone who wants to learn to ballroom dance or who is interested in improving their ballroom skills.**

- No partner required.
- These classes are perfect for beginners to advanced dancers.
- Pre-registration deadline is normally the last Friday of the month prior to the start of class. **Deadline for July/August Session was Friday, June 24.** \$90.00 for the 9-week series if paid by the deadline, \$90.00 after June 24 OR \$15 per class. Minimum of 8 pre-registered participants required. NO EXCEPTIONS, PLEASE!

-

- **SEPTEMBER/OCTOBER: EAST COAST SWING**

- **The Swing is a spot dance that does not follow the line of dance. Free rhythmic interpretation is characteristic, using single, double or triple rhythms. A relaxed shuffling movement and use of upper body sway is also used to highlight the Swing. This class is a must for anyone who wants to learn to ballroom dance or who is interested in improving their ballroom skills.**

- No partner required.
- These classes are perfect for beginners to advanced dancers.
- Pre-registration deadline is normally the last Friday of the month prior to the start of class. **Deadline for September/October Session is Friday, August 26.** \$90.00 for the 9-week series if paid by the deadline, \$100.00 after August 26 OR \$15 per class. Minimum of 8 pre-registered participants required. NO EXCEPTIONS, PLEASE!

Franchised Dance Studio

918 1/2 - 15th Avenue
East Moline, IL 61244
309-755-7871
317-698-6508

www.fredastairequadcities.com
www.addictedtoballroom.com

Weekly Events

Mondays at 6:00pm - Bike and Hike at Marquette Street Landing, Davenport

Davenport, Ia.
Aug 30 O'Melia's Supper Club 2900 Blackhawk Rd.
Rock Island Ill.

Tuesdays at 7:45pm - Dance Lessons at Addicted to Ballroom, Fred Astaire Quad Cities. Exclusively for QC Singles 40+ members, no partner needed.

Wednesdays at 5:00pm - Dinner Social and Volleyball at Ducky's

Fridays at 5:00pm - Dinner and Dancing at The Rusty Nail

See our calendar for additional information, visit us at www.qcsingles.com or join us on Facebook at Quad City Singles 40 Plus!

 Coming in September!

September 9 QCS Fall Dance
September 10 Canoe Trip
September 11 Quarterly Birthday Bash